

Participant Programme – CPR/CEDR Online Advanced Mediation Skills Training

DAY1 21 Sept	MODULE	TIME
ONE 08.30 – 10.00	<ul style="list-style-type: none"> • Welcome and Introductions • Personal Introductions • Mediation Ethos • Phases of Mediation • Checklist for mediator opening • Process Choices: Joint and Private meetings 	90 MINS
10.00	Break	30 MINS
TWO 10.30 – 12.00	<ul style="list-style-type: none"> • Active Listening <ul style="list-style-type: none"> - Paraphrasing, reflecting, reframing and summarising - Active Listening Exercises • Exploration Exercise • Key aspects of Exploration <ul style="list-style-type: none"> - Why, what and how 	90 MINS
12.00	Lunch	75 MINS
THREE 13.15 – 14.45	<ul style="list-style-type: none"> • Transfer Trouble Vignette 1 - Exploration <ul style="list-style-type: none"> - Practice session 1 – Transfer Trouble • Checking confidentiality and transitioning to bargaining • Negotiation Coaching 	90 MINS
14.45	Break	30 MINS
FOUR 15.15 – 17.00	<ul style="list-style-type: none"> • Transfer Trouble Vignette 2 - Negotiation <ul style="list-style-type: none"> - Practice session 2 – Transfer Trouble • When the going gets tough – breaking through deadlock 	105 MINS
Close of Day 1		
Day 2 22 Sept		
FIVE 08.30 – 10.00	<ul style="list-style-type: none"> • Reflections on Day 1 • How Far can the Mediator Go ? • Transfer Trouble Vignette 3 - Deadlock <ul style="list-style-type: none"> - Practice session 3 – Transfer Trouble 	90 MINS
10.00	Break	30 MINS
SIX 10.30 – 12.15	<ul style="list-style-type: none"> • Mediating International Disputes 1: Process Considerations 	105 MINS

12.15	Lunch	75 mins
SEVEN 13.30 – 14.45	<ul style="list-style-type: none"> Mediating International disputes 2: Cultural considerations 	75 mins
14.45	Break	30 MINS
EIGHT 15.15 – 16.45	<ul style="list-style-type: none"> Mediating International Disputes 3: Mediator Ethics 	75 MINS
NINE 16.45 – 17.00	<ul style="list-style-type: none"> Preview of day 3 – Lumitalia Close of day 2 	
Day 3 24 Sept	Coaching Day	
TEN 08:30 – 11.20	<ul style="list-style-type: none"> Small group reflection Working with Lawyers Coaching session 1 - Lumitalia Mediator A: 09.10 – 10.00 Mediator B: 10.00 – 10.50 Mediators receive feedback: 10.50 – 11.20 	140 MINS
ELEVEN 12.00 – 14.20	<ul style="list-style-type: none"> Energizing Poll Coaching session 2 - Lumitalia Mediator A: 12.10 – 13.00 Mediator B: 13.00 – 13.50 Mediators receive feedback: 13.50 – 14.20 	150 MINS
TWELVE 15.00 – 17.35	<ul style="list-style-type: none"> Energizing poll Coaching session 3 - Lumitalia Mediator A: 15.10 – 16.00 Mediator B: 16.00 – 16.50 Mediators receive feedback: 16.50 – 17.20 Plenary and preparation for first assessment day 17.20 – 17.35 	150 MINS
Day 4 25 Sept	Assessment Day	
THIRTEEN 08.30 – 10.15	<ul style="list-style-type: none"> Small group reflection Assessment session 1 – <i>Construction</i> Feedback 	90 MINS
FOURTEEN 11.15 – 12.20	<ul style="list-style-type: none"> Energizing poll Assessment session 2 – <i>Lemon Computers</i> Feedback 	90 MINS



FIFTHTEEN 14.00 – 15.20	<ul style="list-style-type: none">• Energizing Poll• Assessment session 3 – <i>Kids Off The Street</i>• Feedback	120 MINS
15.20 – 16.00	Closing session	